



MOTION *IS* MEDICINE
SPORTS MEDICINE

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SPORTS MEDICINE & NON-OPERATIVE ORTHOPEDICS
OSTEOPATHIC MANIPULATIVE MEDICINE
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CONCUSSION MANAGEMENT
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Fracture Immobilization Options

Brace



Generic brace for temporary use. Provides weak immobilization.

Cost: \$

EXOS Brace



Custom fit brace that can be molded with heat!

 **WATERPROOF!**

Cost: \$\$

FlexiOH



Custom fit cast that can be molded with light!

 **WATERPROOF!**

Cost: \$\$

ActivArmor



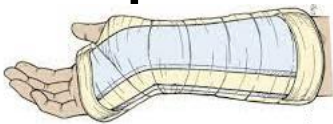
Custom 3D hard plastic
Great for most sports!
Available in many colors!

 **WATERPROOF!**

Cost: \$\$\$

Increased protection 

Splint



Plaster or fiberglass with ACE wrap
Usually for short-term use

NOT WATERPROOF!

Cost: \$\$

Motion *is* Medicine, but with a fracture we have to slow you down in the short-term to speed you up for the long-haul!
Here are the options we provide for fracture immobilization.

Document created by Suzana Jensen, OMSIV; March 2022

Cast



Hard outer shell made of plaster or fiberglass
Can be itchy and smelly

NOT WATERPROOF!

Cost: \$\$