



What causes tendon pain?

Tendon injuries can result from activities that involve repetitive motion, and these injuries can generate micro tears within the tendon. When a tendon is unable to heal, abnormal tissue can fill the space which may cause pain and limit the range of motion.

How does tendon pain affect you?

Tendon pain can affect your everyday quality of life, ability to participate in sports, and ability to work. Many patients suffer for years before seeking help beyond painkillers, injections, and other conservative treatments.



Frequently Asked Questions

Will I feel any pain during the procedure?

Your physician will recommend the type of anesthetic suitable for your procedure. You may feel some discomfort as the anesthetic is being administered and after the anesthetic wears off.

How long will my recovery take?

On average, you should experience pain relief within three months of treatment. Individual results may vary, and your physician will guide your post-treatment recovery plan.

Will I need stitches after my treatment?

When TenJet is used in a minimally invasive procedure, stitches may not be needed.

Is TenJet covered by insurance?

Tenotomy procedures are covered by most insurance providers.

To learn more about TenJet, visit www.tendonpain.com

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Isn't it time you treated your tendon pain?

Explore TenJet as a quick and effective intervention to get back to an active and pain-free lifestyle.



How does the TenJet work?

TenJet delivers a controlled, high-velocity stream of saline to remove diseased tendon while sparing healthy tissue. The minimally invasive intervention is performed in an outpatient setting using real-time ultrasound imaging to identify the diseased tendon. Stiches may not be needed with TenJet.

Distinguished physicians across the United States have used the TenJet device to help thousands of patients find quick and effective symptom resolution.

Day of the Procedure

Your doctor will cover what to specifically expect in relation to the procedure using TenJet, but there are 3 main steps.

- 1 **Identify** the location of the damaged tendon using ultrasound guidance and numb the incision site.
- 2 **Treat** with the high-velocity stream of saline to remove the diseased tendon tissue while sparing healthy tissue.
- 3 **Recover** tendon strength by following your physician's instructions to return to normal activity.

Chris Curtis of Rockford, MI is an active person who enjoys cross-fit and weight-lifting. One day he heard a snap in his elbow and was no longer able to lift. After several rounds of steroid injections failed to alleviate Chris's pain, his doctor recommended TenJet. "I was back to work on Monday, and it only took me 2-3 weeks to reach full recovery, including getting back to the gym."

Josh Irvan of Downington, PA is an avid runner and a serious ultramarathon participant. Over his years of running, Irvan had sustained a number of injuries, but the worst was in his right hamstring. He had been treated with an injection of platelet-rich plasma (PRP) but continued to have pain when driving or sitting for long periods. After being treated with TenJet, Josh explained, "It felt like a miracle." Within a day the flexibility had returned to his hamstring and within 9 months, Josh was running like a champ again.

TenJet™

Ask your doctor about TenJet, a minimally invasive intervention for treating chronic tendon pain in your **SHOULDER, ELBOW, HIP, KNEE, or FOOT.**

