



**MOTION IS
MEDICINE**
SPORTS MEDICINE

DANIEL A. CLEARFIELD, DO, MS, FAOASM
SPORTS MEDICINE & NON-OPERATIVE ORTHOPEDICS
OSTEOPATHIC MANIPULATIVE MEDICINE
REGENERATIVE MEDICINE
CONCUSSION MANAGEMENT
(817) 900-3539
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BIOGRAPHY for DANIEL A. CLEARFIELD, DO, MS, FAOASM

Doctor Daniel Clearfield is a Board-Certified physician in Primary Care Sports Medicine as well as Family Medicine & Osteopathic Manipulative Medicine (OMM). He is a 2nd generation Doctor of Osteopathic Medicine (D.O.) who grew up in Arlington, Texas. He graduated from James Martin High School and was an all-state wrestler and Captain of the wrestling team. He then attended the University of Texas at Austin earning a Bachelor of Science in Kinesiology, graduating Cum Laude with Honors. He then attended the University of North Texas Health Science Center (UNTHSC) where he earned his D.O. degree from the Texas College of Osteopathic Medicine (TCOM) as well as his Master of Science in Clinical Research and Education in OMM from the Graduate School of Biomedical Sciences. He completed an Osteopathic Family Medicine Residency at Doctors Hospital in Columbus, Ohio where he served as Chief Resident. He completed a Pre-Doctoral Fellowship in OMM at TCOM and a Primary Care Sports Medicine Fellowship with Overlook Hospital in Summit, New Jersey.

Dr. Clearfield started the company *Motion is Medicine Sports Medicine* as a Primary Care Sports Medicine physician and Concussion specialist in 2019. He has experience in treating all varieties of athletic, overuse, and degenerative injuries in all ages of patients and athletes. He is an Adjunct Professor at UNTHSC-TCOM where he previously served as an Assistant Professor of Orthopedic Surgery and as the Program Director for the UNTHSC-TCOM Primary Care Sports Medicine Fellowship. In addition, he serves as teaching faculty for the Department of OMM at TCOM, the Medical Cities Family Medicine Residency and the Weatherford Medical Center Internal Medicine Residency. He has extensive training in diagnostic musculoskeletal/sports ultrasound (MSK-US) and ultrasound-guided injections, regenerative injection therapies (including stem cell, platelet-rich plasma (PRP), and prolotherapy), percutaneous needle tenotomy (PNT), nerve blocks and hydrodissection, orthotic construction, casting/splinting and fracture management, joint and soft tissue injections and aspirations, concussion management utilizing ImPACT, XLNT Brain and SCAT testing modalities, ECG interpretation in athletes, osteopathic manipulative treatment (OMT), auricular hematoma management, toenail and fingernail removal, office spirometry,



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and other procedures germane to outpatient family and sports medicine. He has experience working with all ages and levels of athletes including NCAA Divisions I, II & III, Olympian, NFL, NHL, USA Wrestling, USA Judo, USA Volleyball, US Amateur Boxing, MMA and WWE. Additionally, he serves as an official team physician for USA Wrestling and USA Judo. He is a nationally and internationally recognized speaker in the field of sports medicine and he has covered sporting events all over the world.

Since 2013 Dr. Clearfield has been named as a Top Doc in Sports Medicine for Fort Worth, Texas. From 2018-20 he has been named a Top Doc in Sports Medicine by 360 West Magazine. In 2020 he was named a Texas Super Doctor in Sports Medicine and from 2017-19 he was named a Texas Super Doctors Rising Star. In 2017 he was awarded Fellow of the American Osteopathic Academy of Sports Medicine (FAOASM). In 2015 he received the American Osteopathic Foundation's (AOF) James M. Lally Emerging Leader Award for the osteopathic profession and he was elected to the AOASM Board of Directors. In 2014 he was named the Outstanding Faculty Advisor for a Student Organization at UNTHSC. He was named a Patient Experience Superstar for the JPS Health System in 2013 and received a UNT Health Service Excellence WOW Award in 2014. In 2010 he was recognized as the American Osteopathic Foundation's National Outstanding Resident of the Year. As a resident Dr. Clearfield served as the Chairman for the Osteopathic Residency Advisory Committee (ORAC) and was the Region IV Trustee for the American Osteopathic Association's Council of Interns and Residents (CIR). In 2009 he was the recipient of the Arnold P. Gold Foundation Humanism & Excellence in Teaching Award. While a medical student Dr. Clearfield earned such awards as the 2006 AOA Presidential Memorial Leadership Award and was TCOM Student D.O. of the Year in 2007.

Dr. Clearfield has special interests in utilizing OMT in sports medicine, regenerative injection therapies, MSK-ultrasound, concussion management, and teaching/mentoring students, residents, and fellows. He enjoys spending time with his wife Sarina, kids Hannah, Campbell, and Lainey and his dog Kodey. In his spare time, he enjoys outdoor activities and he has participated in multiple endurance and obstacle-based races and competitions.